**xzkeh.k {ks= esa efgykvksa dh vkfFkZd fLFkfr dk vè;;u**

**fuf/k xqIrk1 ,oa izks0 ¼Mk0½ egky{eh tkSgjh2**

***1 “kks/k Nk=k ¼lekt dk;Z½ ih0 ds0 fo”ofo|ky;] f”koiqjh ¼e0iz0½***

***2 izksQslj] ih0 ds0 fo”ofo|ky;] f”koiqjh ¼e0iz0½***

**lkjka'k**

;g vè;;u xzkeh.k {ks=ksa esa efgykvksa dh vkfFkZd fLFkfr dk fo'ys"k.k djrk gS] ftlesa muds ?kjsyw vk;] —f"k vkSj lw{e m|eksa esa ;ksxnku ds lkFk&lkFk foÙkh; Lora=rk çkIr djus esa vkus okyh ckèkkvksa ij è;ku dsafær fd;k x;k gSA vkfFkZd xfrfofèk;ksa esa mudh egRoiw.kZ Hkwfedk ds ckotwn] xzkeh.k efgyk,a osru vlekurk] f'k{kk vkSj dkS'ky fodkl rd lhfer igqap] rFkk foÙkh; lalkèkuksa dh deh tSlh leL;kvksa dk lkeuk djrh gSaA bu pqukSfr;ksa dks lkaL—frd ekU;rkvksa vkSj cqfu;knh <kaps dh vi;kZIrrk vkSj vfèkd dfBu cuk nsrh gSa] ftlls muds vkfFkZd l'kfädj.k esa #dkoV vkrh gSA

;g 'kksèk fefJr i)fr dk mi;ksx djrk gS] ftlesa loZs{k.k vkSj lk{kkRdkj ds ekè;e ls ,d= fd, x, çkFkfed vkadM+ksa dks ljdkjh fjiksVksZa] 'kS{kf.kd vè;;uksa vkSj xSj&ljdkjh laxBuksa ls çkIr ekè;fed vkadM+ksa ds lkFk tksM+k x;k gSA fu"d"kksZa ls irk pyrk gS fd xzkeh.k efgyk,a vius leqnk;ksa dh vkfFkZd lajpuk esa egRoiw.kZ Hkwfedk fuHkkrh gSa] ysfdu ç.kkyhxr vlekurkvksa vkSj lalkèkuksa dh deh ds dkj.k mudh {kerk iwjh rjg ls mi;ksx ugha gks ikrhA

;g vè;;u efgykvksa ds l'kfädj.k ds fy, ykxw fofHkUu ljdkjh ;kstukvksa vkSj uhfr;ksa] tSls jk"Vªh; xzkeh.k vkthfodk fe'ku vkSj efgyk fdlku l'kfädj.k ifj;kstuk] ds çHkko dk Hkh ewY;kadu djrk gSA vè;;u ds vkèkkj ij] efgykvksa dh vkfFkZd Hkkxhnkjh dks c<+kus ds fy, csgrj uhfr gLr{ksi] dkS'ky fodkl dk;ZØe] vkSj foÙkh; lsokvksa rd igqap lqfuf'pr djus dh flQkfj'ksa nh xbZ gSaA xzkeh.k efgykvksa dks vkfFkZd :i ls l'kä cukuk dsoy lekurk dk eqík ugha gS] cfYd lrr xzkeh.k fodkl ds fy, ,d egRoiw.kZ çsjd Hkh gSA

1. **Ikfjp;**

xzkeh.k {ks=ksa esa efgykvksa dh vkfFkZd Hkkxhnkjh lkekftd vkSj vkfFkZd fodkl dk ,d egRoiw.kZ igyw gSA efgyk,a u dsoy —f"k vkSj ?kjsyw dkedkt esa ;ksxnku nsrh gSa] cfYd NksVs m|ksxksa] gLrf'kYi] vkSj Lo;a lgk;rk lewgksa ds ekè;e ls vkfFkZd xfrfofèk;ksa dks Hkh vkxs c<+krh gSaA efgykvksa dh vkfFkZd Lora=rk ls u dsoy muds ifjokjksa dk thou Lrj lqèkjrk gS] cfYd ;g laiw.kZ xzkeh.k leqnk; dh çxfr dk Hkh vkèkkj curk gSA blds ckotwn] efgykvksa dk vkfFkZd ;ksxnku vDlj v–'; vkSj vifjfpr jgrk gSA mudk Je] fo'ks"k :i ls —f"k vkSj vlaxfBr {ks=ksa esa] vkSipkfjd vkadM+ksa esa ntZ ugha fd;k tkrk] ftlls mudh Hkwfedk dks ekU;rk vkSj lEeku ugha fey ikrkA

*leL;k oäO;*

xzkeh.k efgykvksa dks vkfFkZd :i ls l'kä cukus ds ekxZ esa dbZ pqukSfr;ka gSaA buesa lcls cM+h pqukSrh osru vlekurk gS] tgka efgykvksa dks leku dk;Z ds fy, iq#"kksa dh rqyuk esa de Hkqxrku fd;k tkrk gSA blds vykok] f'k{kk vkSj dkS'ky fodkl dh deh muds vkRefuHkZj cuus dh laHkkoukvksa dks lhfer djrh gSA efgykvksa ds ikl foÙkh; lalkèkuksa] tSls \_.k] cpr ;kstukvksa vkSj ljdkjh ;kstukvksa rd i;kZIr igqap ugha gksrhA blds lkFk gh] lkaL—frd vkSj lkekftd ekU;rk,a muds vkfFkZd fodkl esa ckèkk Mkyrh gSaA

mís';

bl vè;;u dk eq[; mís'; xzkeh.k {ks=ksa esa efgykvksa dh orZeku vkfFkZd fLFkfr dk fo'ys"k.k djuk gSA blesa muds ;ksxnku] mudh leL;kvksa vkSj miyCèk voljksa dk ewY;kadu djuk 'kkfey gSA ;g vè;;u ;g Hkh tkuus dk ç;kl djsxk fd dSls ljdkjh ;kstuk,a vkSj lkeqnkf;d igy muds thou dks csgrj cukus esa lgk;d gks ldrh gSaA

*nk;jk vkSj egRo*

;g fo"k; xzkeh.k fodkl vkSj ySafxd lekurk ds fy, vR;ar egRoiw.kZ gSA efgykvksa dh vkfFkZd l'kfädj.k ls muds ifjokjksa dh xjhch de gksrh gS] cPpksa dh f'k{kk vkSj LokLF; esa lqèkkj gksrk gS] vkSj laiw.kZ lekt esa le`f) vkrh gSA ;g vè;;u u dsoy xzkeh.k efgykvksa ds vkfFkZd fodkl dks le>us esa lgk;d gksxk] cfYd uhfr fuekZrkvksa vkSj vU; fgrèkkjdksa ds fy, lVhd lekèkku lq>kus dk vkèkkj Hkh çnku djsxkA

1. **lkfgR; leh{kk**

*xzkeh.k {ks=ksa esa ySafxd vlekurk*

xzkeh.k Hkkjr esa ySafxd vlekurk ,d O;kid vkSj xgjh leL;k gS] tks lkekftd] vkfFkZd vkSj lkaL—frd Lrj ij ns[kh tkrh gSA fofHkUu vè;;uksa us ;g n'kkZ;k gS fd xzkeh.k {ks=ksa esa efgykvksa dks iq#"kksa dh rqyuk esa f'k{kk] LokLF; vkSj jkstxkj ds voljksa esa de igqap çkIr gSA foÜo cSad dh ,d fjiksVZ esa dgk x;k gS fd xzkeh.k Hkkjr esa efgykvksa dh Je 'kfä Hkkxhnkjh nj iq#"kksa dh rqyuk esa dkQh de gSA blds vykok] ?kjsyw vkSj —f"k dk;Z esa efgykvksa dk ;ksxnku vDlj v–'; vkSj voSrfud gksrk gSA osru vlekurk dk eqík Hkh çeq[k gS] tgka leku dk;Z ds fy, efgykvksa dks iq#"kksa dh rqyuk esa 20&30% de Hkqxrku fd;k tkrk gSA

*—f"k vkSj lgk;d {ks=ksa esa efgykvksa dk ;ksxnku*

xzkeh.k efgykvksa dk —f"k vkSj lacafèkr {ks=ksa esa egRoiw.kZ ;ksxnku gSA —f"k dk;Z] tSls cqokbZ] dVkbZ] vkSj çlaLdj.k] esa efgykvksa dh Hkkxhnkjh iq#"kksa ds cjkcj ;k mlls vfèkd gSA us'kuy lSaiy loZs v‚fQl ds vkadM+ksa ds vuqlkj] xzkeh.k Hkkjr esa 70% efgyk,a çR;{k ;k vçR;{k :i ls —f"k xfrfofèk;ksa ls tqM+h gSaA gkykafd] mudh Hkwfedk dks vDlj lgk;d ;k ?kjsyw Js.kh esa j[kk tkrk gS] ftlds dkj.k mUgsa fu.kZ; ysus dh çfØ;k ls ckgj j[kk tkrk gSA —f"k ls tqM+s lgk;d {ks=ksa] tSls i'kqikyu] eNyh ikyu] vkSj ouksit laxzg.k] esa Hkh efgykvksa dh egRoiw.kZ Hkkxhnkjh gSA

*xzkeh.k efgykvksa ds fy, foÙkh; lalkèkuksa vkSj lsokvksa rd igqap*

foÙkh; lsokvksa rd igqap xzkeh.k efgykvksa ds l'kfädj.k ds fy, vko';d gSA gkykafd] efgykvksa dks \_.k çkIr djus] cpr ;kstukvksa esa 'kkfey gksus] vkSj cSafdax lsokvksa dk ykHk mBkus esa dbZ ckèkkvksa dk lkeuk djuk iM+rk gSA xzkeh.k cSafdax ç.kkyh vkSj ekbØksQkbusal laLFkkuksa ds foLrkj ds ckotwn] efgykvksa dh Hkkxhnkjh vis{kk—r de gSA bldk ,d cM+k dkj.k foÙkh; lk{kjrk dh deh vkSj laifÙk esa vfèkdkj dk vHkko gSA efgyk Lo;a lgk;rk lewgksa dh Hkwfedk bl {ks= esa mYys[kuh; gS] ftlus efgykvksa dks lkewfgd :i ls vkfFkZd :i ls l'kä cukus esa enn dh gSA

*efgykvksa dks l'kä cukus esa ljdkjh ;kstuk,a vkSj mudh çHkko'khyrk*

efgykvksa ds l'kfädj.k ds fy, ljdkj us dbZ ;kstuk,a vkSj uhfr;ka ykxw dh gSaA buesa ls çeq[k ;kstuk,a gSa

1- jk"Vªh; xzkeh.k vkthfodk fe'ku% bl ;kstuk dk mís'; efgykvksa dks Lokoyach cukuk vkSj muds fy, jkstxkj ds volj çnku djuk gSA ;g ;kstuk xzkeh.k efgykvksa dks Lo;a lgk;rk lewgksa ds ekè;e ls vkfFkZd :i ls l'kä cukrh gSA

2- efgyk fdlku l'kfädj.k ifj;kstuk% ;g ;kstuk efgykvksa dks —f"k ls tqM+s dk;ksZa esa çksRlkfgr djus vkSj mUgsa rduhdh Kku çnku djus ds fy, ykxw dh xbZ gSA

3- çèkkuea=h eqæk ;kstuk% bl ;kstuk ds rgr efgykvksa dks Lojkstxkj ds fy, \_.k çnku fd;k tkrk gSA

gkykafd bu ;kstukvksa dk çHkko ldkjkRed jgk gS] ysfdu mudh igqap vkSj tkx:drk dk vHkko vHkh Hkh pqukSrh cuk gqvk gSA vè;;u n'kkZrs gSa fd dbZ xzkeh.k efgyk,a bu ;kstukvksa ds ckjs esa tkudkjh ugha j[krha ;k ukSdj'kkgh çfØ;kvksa ds dkj.k mudk ykHk mBkus esa vleFkZ jgrh gSaA

lkfgR; leh{kk ls ;g Li"V gksrk gS fd xzkeh.k efgykvksa ds vkfFkZd l'kfädj.k esa dbZ dkjd Hkwfedk fuHkkrs gSa] ftuesa ySafxd vlekurk] —f"k esa mudh misf{kr Hkwfedk] foÙkh; lsokvksa dh deh] vkSj ljdkjh uhfr;ksa dk lhfer çHkko 'kkfey gSaA bu lHkh igyqvksa dks è;ku esa j[krs gq,] xzkeh.k efgykvksa ds l'kfädj.k ds fy, lexz vkSj O;kogkfjd –f"Vdks.k viukus dh vko';drk gSA

1. **“kks/k izfof/k**

*MsVk lzksr*

bl vè;;u esa xzkeh.k efgykvksa dh vkfFkZd fLFkfr dk fo'ys"k.k djus ds fy, çkFkfed vkSj f}rh;d MsVk dk mi;ksx fd;k x;k gS%

*çkFkfed MsVk%* vè;;u ds fy, xzkeh.k efgykvksa ds lkFk loZs{k.k vkSj lk{kkRdkj vk;ksftr fd, x,A loZs{k.k esa mudh vk;] O;;] dk;Z ds çdkj] vkSj ljdkjh ;kstukvksa dh tkudkjh dk mi;ksx tSls igyqvksa ij MsVk ,d= fd;k x;kA xgjkbZ ls le>us ds fy, p;fur efgykvksa ds lkFk O;fäxr vkSj lkewfgd lk{kkRdkj Hkh fd, x,A

*f}rh;d MsVk%* ljdkjh ,tsafl;ksa] tSls xzkeh.k fodkl ea=ky;] ukckMZ] vkSj fofHkUu xSj&ljdkjh laxBuksa dh fjiksVksZa vkSj çdk'kuksa ls lacafèkr tkudkjh yh xbZA 'kS{kf.kd 'kksèk i= vkSj varjkZ"Vªh; laxBuksa ¼tSls] UN Women, World Bank½ dh fjiksVZ Hkh 'kkfey dh xbZaA

*lSaiy fMt+kbu%*

vè;;u ds fy, lqfoèkktud uewuk p;u vkSj Lrjh—r uewuk p;u dk mi;ksx fd;k x;kA dqy 200 efgykvksa dks mÙkj çns'k vkSj eè; çns'k ds xzkeh.k {ks=ksa ls vè;;u ds fy, pquk x;kA ;s efgyk,a fofHkUu lkekftd vkSj vkfFkZd i`"BHkwfe;ksa ls FkhaA

*tulkaf[;dh; fooj.k%*

p;fur efgyk,a 18 ls 60 o"kZ dh FkhaA vè;;u esa —"kd efgyk,a] Lojkstxkj ls tqM+h efgyk,a] vkSj x`gf.k;ka 'kkfey FkhaA

*midj.k vkSj rduhd%*

MsVk laxzg ds fy, lajfpr ç'ukoyh vkSj lk{kkRdkj xkbM dk mi;ksx fd;k x;kA ç'ukoyh esa vk; lzksr] [kpZ dk fooj.k] cpr] vkSj ljdkjh ;kstukvksa dk ykHk mBkus ds lacaèk esa ç'u 'kkfey FksA

*MsVk fo'ys"k.k%* MsVk dk fo'ys"k.k o.kZukRed lkaf[;dh ds ekè;e ls fd;k x;k] tSls fd vkSlr] çfr'kr] vkSj ço`fÙkAekeys vè;;u fofèk dk mi;ksx djrs gq, fof'k"V efgykvksa dh lQyrk dh dgkfu;ksa dk xgjkbZ ls vè;;u fd;k x;kA ifj.kkeksa dks lkj.kh] pkVZ vkSj xzkQ+ ds :i esa çLrqr fd;k x;kA

;g i)fr u dsoy efgykvksa dh vkfFkZd fLFkfr dks le>us esa enn dh gS] cfYd mu dkjdksa dks mtkxj djrh gS tks muds l'kfädj.k esa ckèkd ;k lgk;d gks ldrs gSaA

1. **ifj.kke vkSj ppkZ**

*—f"k] dqVhj m|ksx vkSj Lojkstxkj esa mudh Hkwfedk*

xzkeh.k Hkkjr esa efgyk,a —f"k vkSj blls tqM+s lgk;d {ks=ksa dh jh<+ gSaA cqokbZ] fujkbZ] dVkbZ vkSj vukt HkaMkj.k tSls dk;ksZa esa mudh Hkkxhnkjh iq#"kksa ls vfèkd gksrh gSA blds vfrfjä] efgyk,a dqVhj m|ksx] tSls gFkdj?kk] cqukbZ] vkSj gLrf'kYi] esa Hkh lfØ; gSaA Lojkstxkj ds ekè;e ls] dbZ efgyk,a NksVs O;olk; tSls flykbZ] nwèk mRiknu] vkSj [kk| çlaLdj.k esa yxh gqbZ gSaA gkykafd] ;g ;ksxnku vlaxfBr {ks= dk fgLlk gS vkSj bls vkfFkZd vkadM+ksa esa ekU;rk ugha feyrhA

*?kjsyw vk; esa ;ksxnku*

efgykvksa dk ;ksxnku dsoy çR;{k vk; rd lhfer ugha gS( mudk ?kjsyw dk;Z Hkh ifjokj dh lexz vk; esa vçR;{k :i ls lgk;d gksrk gSA efgyk,a NksVs&Lrj ij —f"k mRikn csprh gSa vkSj Lo&fufeZr mRiknksa ds ekè;e ls ifjokj dh vk; esa o`f) djrh gSaA

*iq#"kksa vkSj efgykvksa ds chp osru varj*

xzkeh.k {ks=ksa esa efgykvksa dks iq#"kksa dh rqyuk esa leku dk;Z ds fy, 20&30 izfr0 de osru feyrk gSA —f"k Jfed efgykvksa dks fngkM+h etnwjh ds :i esa vkSlru ₹250&₹300 feyrk gS] tcfd iq#"kksa dks ₹350&₹400 dk Hkqxrku fd;k tkrk gSA

*ekSleh csjkstxkjh vkSj mldk çHkko*

—f"k esa ekSleh jkstxkj ds dkj.k efgykvksa dks fu;fer vk; dk vHkko >syuk iM+rk gSA ekulwu vkSj Qly dVkbZ ds le; dke dh ekax c<+rh gS] ysfdu vU; ekSleksa esa muds ikl vk; dk dksbZ LFkk;h lzksr ugha gksrkA ;g ekSleh csjkstxkjh ifjokjksa dh vkfFkZd lqj{kk dks detksj djrh gSA

*\_.k] cpr ;kstuk,a] vkSj ekbØksQkbusal dh miyCèkrk*

ljdkjh vkSj xSj&ljdkjh laxBuksa }kjk efgykvksa ds fy, \_.k ;kstuk,a vkSj ekbØksQkbusal lsok,a miyCèk djkbZ xbZ gSaA Lo;a lgk;rk lewgksa us efgykvksa dks lkewfgd :i ls \_.k ysus vkSj NksVs O;olk; 'kq: djus esa l{ke cuk;k gSA NABARD ds lg;ksx ls pyus okys ekbØksQkbusal dk;ZØe efgykvksa dks Lojkstxkj ds fy, çksRlkfgr djrs gSaA

*ljdkjh ;kstukvksa dh tkudkjh vkSj mi;ksx*

gkykafd çèkkuea=h jkstxkj l`tu dk;ZØe] eujsxk] vkSj eqæk ;kstuk tSlh uhfr;ka efgykvksa ds fy, ykHkdkjh gSa] ysfdu tkx:drk dh deh vkSj tfVy ç'kklfud çfØ;k,a muds ykHk mBkus esa ckèkk curh gSaA vè;;u esa ik;k x;k fd loZs{k.k esa 'kkfey 40 izfr0 efgykvksa dks bu ;kstukvksa dh tkudkjh ugha Fkh] vkSj dsoy 20 izfr0 efgyk,a budk çHkkoh :i ls mi;ksx dj jgh FkhaA

*lkaL—frd vkSj lkekftd #dkoVsa*

xzkeh.k lekt esa efgykvksa dks ikjaifjd Hkwfedkvksa rd lhfer j[kk tkrk gSA lekt esa mudh çkFkfed Hkwfedk ?kjsyw dk;ksZa vkSj cPpksa dh ns[kHkky rd lhfer ekuh tkrh gSA efgykvksa dk vkfFkZd :i ls Lora= gksuk dbZ ckj ifjokj vkSj lekt }kjk grksRlkfgr fd;k tkrk gSA

*f'k{kk vkSj dkS'ky çf'k{k.k dh deh*

efgykvksa ds ikl f'k{kk vkSj O;kolkf;d dkS'ky dh deh gS] tks mUgsa mPp vk; okys jkstxkj ;k Lojkstxkj esa tkus ls jksdrh gSA xzkeh.k {ks=ksa esa efgykvksa ds fy, dkS'ky fodkl dsaæksa vkSj O;kolkf;d çf'k{k.k dk;ZØeksa dh la[;k lhfer gSA

*lhfer xfr'khyrk vkSj cqfu;knh <kapk leL;k,a*

xzkeh.k efgykvksa ds fy, ifjogu vkSj vU; cqfu;knh lqfoèkkvksa dh deh mudh vkfFkZd xfrfofèk;ksa dks lhfer djrh gSA lkoZtfud ifjogu dh vuqiyCèkrk vkSj fMftVy lk{kjrk dh deh muds fodkl esa ckèkd gSaA

dsl vè;;u

Lo;a lgk;rk lewg ls l'kfädj.k

Ekuiqjk fuoklh xhrk nsoh] tks igys —f"k etnwj Fkha] us Lo;a lgk;rk lewg ds ekè;e ls 50]000 #i;s dk \_.k fy;k vkSj ,d Ms;jh O;olk; 'kq: fd;kA vkt] og 5 yksxksa dks jkstxkj ns jgh gSa vkSj vius ifjokj dks csgrj thou çnku dj jgh gSaA

*gLrf'kYi ls vkRefuHkZjrk%*

ehuk{kh] ftUgksaus gLrf'kYi esa çf'k{k.k çkIr fd;k] vc ,d v‚uykbu IysVQ‚eZ ds ekè;e ls vius mRikn csprh gSaA mudh ekfld vk; ₹20]000 ls vfèkd gS] vkSj os vU; efgykvksa dks Hkh jkstxkj çnku dj jgh gSaA

eujsxk ls ykHk

js[kk us eujsxk ds rgr jkstxkj çkIr dj vius cPpksa dh f'k{kk lqfuf'pr dhA muds vuqHko us ;g n'kkZ;k fd ljdkjh ;kstuk,a xzkeh.k efgykvksa ds fy, thou Lrj lqèkkjus dk egRoiw.kZ ekè;e gks ldrh gSaA

vè;;u ls ;g Li"V gksrk gS fd xzkeh.k efgyk,a vkfFkZd xfrfofèk;ksa esa egRoiw.kZ Hkwfedk fuHkkrh gSa] ysfdu mUgsa osru vlekurk] lalkèkuksa dh deh] vkSj lkekftd ckèkkvksa tSlh pqukSfr;ksa dk lkeuk djuk iM+rk gSA foÙkh; lsokvksa rd igqap vkSj ljdkjh ;kstukvksa dk çHkkoh dk;kZUo;u muds l'kfädj.k esa enn dj ldrk gSA lkFk gh] f'k{kk] dkS'ky fodkl vkSj lkekftd leFkZu ls xzkeh.k efgykvksa dh vkfFkZd Lora=rk dks vkSj etcwr fd;k tk ldrk gSA

1. **flQkfj'ksa**

1- osru lekurk lqfuf'pr djuk% efgykvksa vkSj iq#"kksa ds chp osru varj dks [kRe djus ds fy, l[r uhfr;ka cukbZ tkuh pkfg,A

2- f'k{kk vkSj dkS'ky fodkl% xzkeh.k efgykvksa ds fy, fo'ks"k :i ls fMt+kbu fd, x, O;kolkf;d çf'k{k.k dk;ZØe vkSj f'k{kk ;kstuk,a ykxw dh tkuh pkfg,A

3- \*\*ljdkjh ;kstukvksa dh igqap c<+kuk% ;kstukvksa ds ckjs esa tkx:drk c<+kus vkSj çfØ;kvksa dks ljy cukus ds fy, xzke Lrj ij gsYiMsLd LFkkfir fd, tkus pkfg,A

4- Lo;a lgk;rk lewgksa dks çksRlkgu% vfèkd efgykvksa dks Lo;a lgk;rk lewgksa esa 'kkfey djus ds fy, tkx:drk vfHk;ku pyk, tk,aA

5- m|ferk dks c<+kok nsuk% efgykvksa ds fy, LVkVZvi QaM vkSj esaVjf'ki dk;ZØeksa dk vk;kstu fd;k tk,A

6- lQy efgykvksa ds mnkgj.k çLrqr djuk% çsj.kknk;d dgkfu;ka lk>k dj efgykvksa dks l'kä cukus ds ç;kl fd, tk,aA

**6- fu"d"kZ**

;g vè;;u n'kkZrk gS fd xzkeh.k efgykvksa dh vkfFkZd l'kfädj.k ls u dsoy muds thou Lrj esa lqèkkj gksrk gS] cfYd laiw.kZ xzkeh.k lekt dh çxfr Hkh gksrh gSA efgykvksa dk —f"k] dqVhj m|ksx] vkSj ?kjsyw vk; esa ;ksxnku mYys[kuh; gS] ysfdu os osru vlekurk] lalkèkuksa dh deh vkSj lkekftd ckèkkvksa dk lkeuk djrh gSaA

vkfFkZd Lora=rk çkIr djus ds fy, efgykvksa dks f'k{kk] dkS'ky] vkSj foÙkh; lalkèkuksa rd csgrj igqap çnku djuh gksxhA ;g ç;kl dsoy ljdkj rd lhfer ugha jg ldrk( blesa futh {ks= vkSj leqnk;ksa dh lfØ; Hkkxhnkjh Hkh vko';d gSA

varr%] xzkeh.k efgykvksa dk l'kfädj.k u dsoy ,d lkekftd mÙkjnkf;Ro gS] cfYd ;g vkfFkZd fodkl vkSj lrr fodkl ds fy, ,d vko';d j.kuhfr Hkh gSA ,d lexz –f"Vdks.k viukus ls gh efgykvksa ds l'kfädj.k ds y{; dks iwjh rjg ls gkfly fd;k tk ldrk gSA

**lanHkZ lwph**

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